



# Boy Scout Troop 353 – Eastchester, NY



Westchester-Putnam Council

<http://troop353.wordpress.com>

[www.wpcbsa.org](http://www.wpcbsa.org)

## Ice Fishing & Winter Recreation

### Ten Mile River Scout Camp -- Hearst A & B Cabins

Jan 30-- Feb 1, 2009

#### CABIN CAMPING GEAR LIST (also see Boy Scout Handbook)

\*\*\* (EVERYTHING SHOULD BE MARKED WITH SCOUTS INITIALS--esp. GLOVES, HAT, SOX & FLEECE) \*\*\*

#### Personal Gear:

- Bag meal For Friday dinner w/ beverage (no soda; but energy drinks are ok), incl healthy trail snack
- Nalgene or water bottle (filled at home, at least 32 oz. or 2=16 oz. , Empty 1 liter soda bottles are ok )
- Day backpack OR Duffle Bag
- Sleeping Bag and/or Bag Liner (avoid cotton linings)
- Old daypack (school back pack)-- to carry items while away from cabin during the day.
- Flashlight or Headlight (incl 1 set of spare batteries)
- Personal Toiletry Kit toilet paper (biodegradable), toothbrush/paste, comb/brush, Purell (small), anti-bacterial wipes, washcloth/Camp soap (biodegradable), hand towel, dental floss, metal mirror (optional).
- Personal First Aid Kit (Boy Scout Handbook, p. 289):  
band-aids, antibacterial cream, pain reliever, moleskin, lip balm, anti-diarrhea tablets, Sunscreen (+25 SPF)

#### Packed:

#### Returned:

#### Clothing: (dress in layers, "cotton is rotten")

\* = Wear

# = Pack

- \* 1 long sleeved T-shirt (synthetic/ wool preferred) - Base Layer
- \* 1 pair pants (synthetic/ nylon/ wool) - Outer Layer
- \* 1 pair long-underwear (synthetic/ nylon/ wool) - Base Layer
- \* 1 pair socks (wool or synthetic) & Hiking Boots waterproofed (preferably ankle high & broken in)
- \* 1 Polar fleece pullover or sweatshirt (to wear under jacket or ski parka) - Insulation Layer
- \* 1 heavy Jacket or wind & waterproof Ski Parka (that fits over your insulation layer) - Outer Layer
- \* Warm Hat (wool or synthetic to cover ears) or Sport Fleece w/ Ear Warmers or Mukluk w/ initials!
- \* 1 pair Insulated Waterproof Gloves w/ initials!
- # 1 COMPLETE extra change of Winter seasonal clothes (REQUIRED--packed in zip lock freezer bags):
  - # 1 pr of underwear
  - # 2 pr socks (wool or synthetic preferred)
  - # 1 short sleeved T-shirts (synthetic / wool preferred)
  - # 1 long sleeved T-shirts (synthetic / wool preferred)
  - # 1 pair long pants (synthetic/ nylon / wool; Sweats & Jeans are NOT good for day wear)
  - # 1 EXTRA pair Insulated Waterproof Gloves w/ initials!
- # Sneakers (for inside cabin)
- # Sleepwear (if desired)

#### Other Required Items:

- Mess Kit & eating utensils (REQUIRED) - NO PAPER PLATES OR PLASTIC CUPS ALLOWED
- Boy Scout Handbook, Pen & Small Notepad (REQUIRED)
- Compass, Whistle, Scout Knife (no sheath knives or automatic opening styles--Totin'Chip Card REQUIRED)
- Large Trash Bag (REQUIRED).

#### Other Misc. & Optional Items:

- Hand Warmers--Disposable
- Sleeping Pad and / or Small Pillow
- Duct Tape, Matches (waterproof)
- Sunglasses w/strap
- Camera and / or binoculars
- Rope or Nylon Twine (1/4 " x 50 ft.)
- Spare large zip lock freezer bags
- Ear Plugs (for Sleeping)
- Snow Sled or Inner Tube
- Tent & Ground Cloth (or can use Troop Tent - let your Patrol Leader know!) -- OPTIONAL if don't want to sleep in heated cabin
- 2-way radio (Ch 1, Security Code 37) or cell phone -- MUST BE 15 YEARS OLD TO CARRY.

#### PROHIBITED ITEMS:

Aerosol Cans, Glass Containers of any type, candy, Electronic Entertainment Items (radios, TVs, cd/dvd players, IPODS), Weapons (real or toy), Firecrackers.

#### Campout Notes:

- Campout Cost = \$45 (camping fee & food) + Gas Fee (\$20 per car - split among all passengers).
- Weather in early-February is cold, temps ranging from 15 (avg) at night to 30 (Avg) during the day.
- Winter snow sporting clothes are appropriate!