



Boy Scout Troop 353 – Eastchester, NY



Westchester – Putnam Council
<http://troop353.wordpress.com>
www.wpcbsa.org

Upper Delaware River Canoe Trip, June 27--28, 2009

11-Jun-09

CANOE & TENT CAMPING GEAR LIST (also see Boy Scout Handbook) *(clothing & other items should be packed in zip-lock freezer bags)* **(EVERYTHING SHOULD BE MARKED WITH SCOUT'S INITIALS)**

Personal Gear:

- Bag Lunch w/ beverage (no soda; but energy drinks are ok), incl healthy trail snack / power bar
- 2 water bottles (filled at home, at least 32 oz., Empty 1 liter soda bottles are ok)
- Sleeping Bag and/or Bag Liner (avoid cotton linings) in waterproof stuff sack.
- Blanket (if do not have bag liner)
- Flashlight and / or Headlight (incl 1 set of spare batteries)
- Personal Toiletry Kit: toilet paper (biodegradable), toothbrush/paste, comb/brush, Purell (small), anti-bacterial wipes, washcloth/Camp soap (biodegradable), hand towel, dental floss, metal mirror (optional).
- Personal First Aid Kit (Boy Scout Handbook, p. 289)
band-aids, antibacterial cream, pain reliever, moleskin, lip balm, anti-diarrhea tablets, INSECT REPELLANT (ticks & mosquitoes, at least 30% DEET preferable), **Sunscreen (+25 SPF)**

Packed: _____
Returned: _____

Clothing: (dress in layers, "cotton is rotten") * = Wear # = Pack

- * **Water Activity Shoes (old sneakers, aqua sox, Crocs, or flip-flops)**
- * **1 Swimsuit**
- * **1 short sleeved T-shirt or bodysurfing shirt (synthetic)**
- * **Broad-rimmed Hat or Baseball Cap**
- # 1 COMPLETE extra change of clothes (**REQUIRED**--packed in waterproof bag, i.e., zip lock freezer bags):
 - # 1 pair pants (synthetic/nylon--sweats are NOT good for day wear; jeans ok)
 - # 1 pr of underwear (merino wool or synthetic preferred)
 - # 1 pr socks (merino wool or synthetic preferred)
 - # 1 short sleeved shirt (synthetic preferred)
 - # 1 pair long pants (synthetic/nylon--sweats are NOT good; jeans ok)
 - # 1 long sleeved shirt or fleece pullover (synthetic preferred)
- # Poncho or "waterproof" raincoat W/ HOOD (**REQUIRED**)
- # Sleepwear (shorts if desired)
- # Other dry footwear (sneakers for campsites) **REQUIRED**
- # 2 Beach Towels in large zip-lock plastic bag. (**REQUIRED**)

Other Required Items:

- Whistle (**REQUIRED**)
- Rope or Nylon Twine (50 ft. -- **REQUIRED**)
- Water Bailing Tool (Top half of 1 gallon milk jug & lid and / or large sponge--**REQUIRED**)
- Compass (**REQUIRED**)
- Boy Scout Handbook (**REQUIRED**)
- Pen, Small Notepad & stamps (**REQUIRED**)

Other Misc. / Optional:

- Old daypack (school back pack) For Canoe.
- Water Gloves (old baseball batting gloves) -- FOR CANOE
- Knee or seat pad (any gardening center) -- FOR CANOE
- Sunglasses **w/strap** and/or swim goggles -- FOR CANOE
- Waterproof Camera and / or binoculars. -- FOR CANOE
- Mess kit w/cup, fork/spoon (paper plates & plastic utensils provided for all guests)
- Tent w/stakes & poles or (mosquito netting if sleeping in lean-to; if using troop tent, notify your Patrol Leader)
- Ground Cloth, Sleeping Pad, Small Pillow
- Duct Tape, Matches (waterproof), small sponge (to clean tent)
- Scout Knife (no sheath knives or automatic opening styles); **Totin'Chip Card is REQUIRED**
- Spare large zip lock freezer bags
- Portable Chair w/back (Adults only)
- 2-way radio (Ch 1, Security Code 37) or cell phone -- **MUST BE 15 YEARS OLD TO CARRY.**

Canoe Gear & Notes: ALL items should be packed in +2 Gallon zip lock freezer bags to keep dry inside of old daypack.

- Lunch, healthy snacks / power bars and EXTRA filled 32 oz water bottle.
- Sunscreen, Insect Repellent, sunglasses w/strap, swim goggles, camera and / or binoculars, first aid kit, beach & extra towel.
- Whistle, Knee pads, water gloves, rope, water bailing tool

PROHIBITED ITEMS:

Aerosol Cans, Glass Containers of any type, candy, Electronic Entertainment Items (radios, TVs, cd/dvd players, IPODS), Weapons (real or toy), Firecrackers.